

Beaconhills Tennis

General coaching programs

Under the guidance of our Tennis Australia accredited Head Coach, Mark Stevens, our general coaching programs offer exciting and extensive training.

We use the highly respected **ANZ Hot Shots** Compression Ball System which provides clear pathways for your child's tennis development based on age and standard.



Beaconhills College



Blue ball - 3 to 5 years

This program will help develop motor skills, build strength, balance and general co-ordination.

Red ball - 5 to 8 years

An introduction to the basics of the game. Students will start to develop core skills of movement and co-ordination, while taking part in lots of fun activities, short matches and team competitions.

Orange ball - 8 to 10 years

The emphasis in this stage is on further development. Students will learn new shots and techniques to help them rally on a bigger court. Competition and match play will be slightly longer.

Green ball - 9+ years

This is the final stage of preparation for full tennis. At this stage students will be bigger and able to cover the whole court. They will continue to improve their technique and tactics, and play longer matches in an individual and team environment.






Yellow ball - from early teens

By now students can serve from the baseline, rally and use topspin with accuracy and consistency on their groundstrokes. They are able to confidently slice the ball and understand and attempt the correct continental grip in smashes, volleys and serves.

Students will be positive and motivated to learn, can score and play matches and points and have a good fitness level. They will also show interest in tournament play.

5 and 10 hour programs

Our 5 and 10 hour programs combine excellent independent schooling with intensive tennis training and sports education. Individually tailored programs can be fully integrated within Beaconhills College's high quality curriculum.

-  tournament travel and scheduling
-  technical analysis
-  tennis specific fitness training
-  squad training
-  match play and tactical training.

Squad

Squad is an extended 1.5 hour session, focusing on tactics and strategy in match play. Each student's individual style and technique is encouraged and developed so they can confidently play competitive tennis.

Private coaching

Private lessons help address specific weaknesses, develop a 'weapon', accelerate progress and boost self-confidence.

Expression of interest

Participant details

Surname		Given name	
Residential address			
Suburb		Postcode	
Date of birth	DAY / MONTH / YEAR	Current age	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Contact Home	Mobile	Email	
Parent name/s			

Program details

	Preferred day of the week		Campus		Term			
	1st preference	2nd preference	Pakenham	Berwick	1	2	3	4
Coaching - 45 min sessions <small>Before School is not available at Berwick</small>								
<input type="checkbox"/> Before School	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Lunchtime <input type="checkbox"/> After school	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Private lessons / coaching								
<input type="checkbox"/> 30 min <input type="checkbox"/> 45 min <input type="checkbox"/> 60 min	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squad <input type="checkbox"/> 1.5 hour sessions	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 and 10 hour programs <input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

What is the next step?

Please visit our [website](#) for current pricing. To enrol, complete the *Tennis Programs Expression of Interest Form* - you will then receive a CareMonkey request for payment. Enrolment is not confirmed until payment is made through CareMonkey. If you have any queries, please email tennis@beaconhills.vic.edu.au

Coaching terms and conditions

Term fees are required to be paid, in full, prior to the first lesson of each term. Participants will be unable to commence until the term payment has been received.

- Once you have filled out your booking form and your sessions have been approved by the tennis coaches, an eForm will be sent to you through CareMonkey.
- In the case of washouts, heat outs or coach absence, make-up lessons will be organised by your coach where possible, who will confirm with you the day and time of the lesson. If students are unable to attend their scheduled make-up lesson, they can contact the Head Coach to organise an alternate make-up class.
- Whilst every effort is made to provide make up lessons for explained absences, the College advises that there will be no credits applied or refunds given. Please ensure that you contact the Head Coach to ensure make up lessons are scheduled.
- All amounts are inclusive of GST.**

Privacy

Beaconhills College is bound by the Australian Privacy Principles in the Commonwealth Privacy Act 1988 as amended. The College's Privacy Policy can be viewed on the College website www.beaconhills.vic.edu.au or a copy may be requested by telephoning the College on 1300 002 225.



Beaconhills
College