Start with the wide end of the tie on your right, extending between 30 to 60 cm below the narrow end. (Depends on the tie length and your height).

Note: The taller you are, the further the wide end must extend below the narrow end.

Step 1: Start with the wide end of the tie on your right, extending between 30 to 60 cm below the narrow end. (Depends on the tie length and your height).

Step 2: Cross the wide end over the narrow end and bring it up through the loop.

Step 3: Now pass the wide end under the narrow end.

Step 4: And push down through the loop.

Step 5: Pass the wide around the front from left to right.

Step 6: And up through the loop.

Step 7: Now push the wide end down through the front of the knot.

Step 8: Tighten carefully and draw up through the collar.